

Problem bingo

How problematic are you?



Fake
Friends



Jealous



Can't stop
saying "like"



Can't stay
still

Eats too
much



Always
depressed



Gets
bullied



Not open
to change

Picky



Can't stop
getting sick

Anxiety



Chews/
bites nails



Free space



Lonely

Has
nightmares



ADHD



Eats too
little



Has a
depressing
playlist



Couch
potato



Has
insomnia



Wishes you were
someone else



Obsesses over
random things



Gender
dysphoria



Uses self
h@rm



Pick me

